



ASSOCIATION OF COMMUNITY AND MULTIBED ACUPUNCTURE CLINICS

2019 ACMAC Autumn Newsletter



Autumn

I love the fitfull gusts that shakes
The casement all the day
And from the mossy elm tree takes
The faded leaf away...

John Clare

Welcome!

Welcome to this Autumn season's ACMAC newsletter - and my last one as Coordinator! After five wonderful years I am stepping down so that I can focus more on my ever-growing private and multibed practices. It's been an incredible experience to be part of this



important organisation and I am grateful for all that I have learnt over the years.

And I am delighted to be passing the baton to Anne-Marie Fouche. Anne-Marie runs her own multibed in Worthing - [Taste of Space](#) and also works at [E5 Acupuncture](#) in Hackney. She has great leadership, administrative and events management experience and will bring passion and energy to the role of Coordinator. A warm welcome to ACMAC!



Anne-Marie says: *"I'm 100% committed to the values and objectives of ACMAC and feel passionately about widening access to effective and safe natural healthcare. I love that the practicality and simplicity of acupuncture lends itself perfectly to an affordable multibed format so more people in our communities can experience the benefits of acupuncture as often as necessary, whilst offering a sustainable income for the practitioner. Personally, it's by far my preferred way of providing treatment. I like the community values behind it, the pace of practising and the sense of offering a service that myself, my peers and my family would actually be able to afford ourselves".*

The Chinese Medicine Forestry Trust

Introducing a new charity in response to the climate emergency.



The Chinese Medicine Forestry Trust (a foundation administered by Charities Trust, Charity No. 327489) has been set up by a group of Chinese medicine colleagues to respond to the climate emergency and the escalating rate of species extinction. *"In the face of these looming threats it is easy to look away or to despair. However, we have decided to act".*

The Chinese Medicine Forestry Trust promotes planetary, human and species

health and wellbeing by planting trees and protecting forests throughout the world. Trees absorb carbon dioxide, counter pollution, give forth life-giving oxygen, prevent flooding and promote biodiversity by providing a home and food for thousands of species. Spending time amidst trees can enhance our physical and mental health.

Reflecting the love of nature embodied within Chinese medicine, we invite practitioners, schools, businesses and patients to help protect this beautiful planet of ours. Please join us by making a one-off or - even better - a regular donation. 100% of donations go to our three chosen tree planting organisations.

Donate Now!

We've had lots of enquiries about the ACMAC Conference this year. We just wanted to confirm that we're taking a short break from events this year and will look forward to hosting another wonderful event next year. Watch this space for more details.

Welcome to some new members...



Bhuti Community acupuncture

Paige Sheffield has loads of experience running multibeds in London and Lincoln and is a longstanding member of the ACMAC

Sheffield Community Acupuncture

A new clinic in South Yorkshire run by Sarah Crockford

Sarah gained a diploma in Shiatsu which sparked a keen interest in Chinese Medicine; the natural progression from this was to acupuncture and she graduated from the Northern College of Acupuncture. Her vision is to improve the health and wellbeing of Sheffield by delivering high quality affordable acupuncture.

Board Welcome back! [Visit here](#) to find out more.

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