



# ASSOCIATION OF COMMUNITY AND MULTIBED ACUPUNCTURE CLINICS

*Hush, can you hear it?  
The rustling in the grass,  
Bringing you the welcome news that  
Winter's day is past.*



*Welcome...tentatively to the spring and with great warmth to  
our Spring newsletter!*

This year we're delighted to be renewing membership for a thriving group of 44 clinics and a further 10 students and supporters and have written to them confirming their membership renewals for 2018.

I recently received an email from a student asking why the numbers of clinics listed on our website had reduced in the last few years and whether it was because the multibed model wasn't workable. As I pondered my reply I thought 'that can't be the answer' - I know of so many clinics doing amazing things out there!

But there is no doubt we are seeing far fewer clinics opening, which I would say is a knock-on from lower numbers of people training as acupuncturists and the difficult economic climate out there. New graduates are often the most keen to open a community clinic so with fewer of them coming through the colleges it's no wonder we're seeing a drop in numbers as well.

But the need for affordable and accessible acupuncture is greater than ever – people’s lives are stressful, the NHS is struggling and we’ve just seen extremely high levels of ill health this winter.

Our vision is for a thriving network of multibed acupuncture clinics, providing affordable, accessible acupuncture for all. Our existing network is certainly thriving but we’d also like to see it growing so that there is affordable and accessible acupuncture in every corner of UK.

ACMAC can support you if you’re thinking of setting up a community clinic. From planning to implementing to running – our community has been there and done it and has invaluable advice on how to avoid the pitfalls and help make sure your venture is a financial success.

If you’re thinking of taking the next steps why not check out our next training event – a skype session with experienced multibedder and ACMAC founder Charlie Whitestone. You can read all about it in this Spring Newsletter. In the meantime wishing you all a flourishing and productive Spring.

Katy Bradshaw  
ACMAC Coordinator

---

## Membership renewals

We are currently collecting membership fees for 2018 and will be sending a reminder out to those members who have not yet paid. Membership fees remain the same for 2018 - we operate a sliding scale of £60 - £180 per year and ask that you pay as much as you’re able to afford. You can pay in one instalment or by regular standing order (our preferred method as it saves on admin!). Please visit [ACMAC](#) for further details on how to pay.

benefits of ACMAC membership:

**DISCOUNTED TICKETS TO ALL ACMAC EVENTS (INCLUDING OUR ANNUAL CONFERENCE)**

**FREE ACCESS TO ALL ACMAC ONLINE RESOURCES**

**EMAIL SUPPORT FROM THE ACMAC TEAM**

**A FREE CLINIC LISTING ON OUR WEBSITE WITH LINKS TO YOUR OWN WEBSITE**

**DISCOUNTS WITH A WIDE RANGE OF SUPPLIERS AND CPD PROVIDERS INCLUDING:**

- A reduced rate of \$49 for life-time access to EBA Connect
- 15% discount from JCM on needles
- 10% discount from JCM on other products
- 15% discount from YinYang internet hosting
- Discount from Acupuncture CPD
- 10% discount with CPD Group
- 10% off selected courses at All about Natural medicine
- Handmade screens by Jeremy Marshall
- 20% off JCM CD-Rom
- 25% discount on JCM subscription
- 5% discount on Si Yuan Balance training 4-day event



## 2018 ACMAC Conference - save the date

It's time to save the date for the annual ACMAC conference. We'll be hosting this year's event in Brighton on **Saturday 17th - Sunday 18th November**.

For those who've been before you'll know it's an event like no other - the sense of community and passion for accessible acupuncture is palpable and nobody leaves disappointed.

This year (as well as the usual networking opportunities, meditation and qi gong practice, open space workshop, raffle and party!) we're delighted to be hosting some fascinating speakers. These will include:

Experienced multibedder and ACMAC Board member Hannah Reade will be presenting on her recent trip to carry out grassroots research about multibeds in Japan.

Sourcepoint Acupuncture in Devon has recently obtained lottery funding to run a free pain clinic. They will be here to talk about how they achieved this.

Sheira Chan will be talking about her experience of setting up an emergency trauma clinic at the Grenfell Tower disaster site.

Tickets will be going on sale in the next couple of months but for now make sure you've saved the date.



## Setting up a multibed clinic - with Charlie Whitestone

We're delighted to be running another online workshop with Charlie Whitestone on 'how to set up a multibed clinic'. Charlie is the founder and Director of ACMAC and has worked in various multibeds for over a decade and is passionate about seeing affordable acupuncture spread throughout all our communities.

Running a multibed clinic may be something that you've been thinking about but just don't know where to start. Or you may be keen but feeling nervous about the economic climate and don't know how to make it succeed. A multibed clinic can be a sustainable and profitable business model if you get the right things in place and attending one of our training events will help you to get there.

This online course will give you the basic tools and information you need to start up your own multibed clinic. We will cover issues such as: what's best - working in a team or working alone, finding a good venue, marketing your clinic, how to structure your clinic sessions, ethics of multibed practice and the importance of informed consent, and much more.

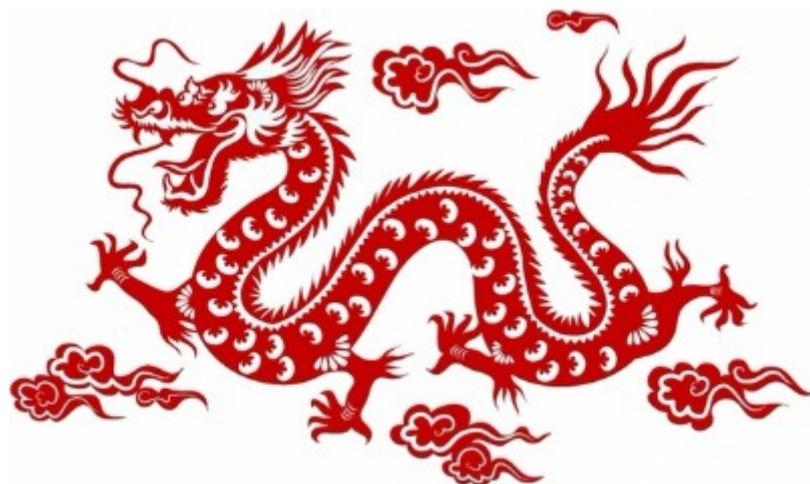
The group will be kept small (max 5 attendees) and Charlie will tailor the session to the needs of each attendee. Book early to avoid missing out by emailing [ACMAC](mailto:ACMAC).

**Date:** Wednesday 25<sup>th</sup> April

**Time:** 7pm – 9pm

**Venue:** Your home computer via Skype

**Cost:** members £25; non-members £35



**Acupuncture in the treatment of mental health**

## conditions - with Chris Nortley

A one-day course organised by Janet Eastwood that should enable practitioners to feel more comfortable in recognising the presence of Possession and Aggressive Energy in people with mental illness.

Practitioners will begin to feel more confident in using the treatment procedures in their own clinical practise and in differentiating between Internal and External Demons understanding and the implications for treatment.

For more information, including how to book please email [Janet Eastwood](mailto:Janet.Eastwood@acmac.ac.uk) by April 14th 2018.

**Date:** Saturday 28th April 2018

**Time:** 10am – 5pm

**Trainer:** Chris Nortley

**Location:** Lightwoods House, Adkins Lane, Bearwood, Smethwick, B67 5DP

**Cost:** £85 (£80 for ACMAC members)



### Unified Acupuncture Theory – upcoming courses

Say goodbye to memorising point locations, functions and indications and say hello to understanding why points are where they are and their actions on the human body.

Unified Acupuncture Theory Foundations Course bares new understanding to Zong Fu theory and point indications and moves meridian theory beyond empirical observation.

They have two upcoming courses in London - July 7th and 8th and then another course on September 8th and 9th. Find out more [HERE](#)

ACMAC members are eligible for a 25% discount – please email [ACMAC](mailto:ACMAC@acmac.ac.uk) to obtain your discount code.

---



## SiYuBian training – Dublin: 11<sup>th</sup> to 14<sup>th</sup> October 2018

Learn the Authentic Balance Method

Entrusted by their Shifu to pass on his wisdom, Si Yuan instructors are committed to teaching not only a strategy for needling but their Master's philosophy, the essence of the Balance Method, as it was taught to them.

Days 1+2: Chronic or acute musculoskeletal disorders

Days 3+4: Functional disorders (prerequisites: Days 1+2)

Gong Fa: Two hours of complimentary training with specialist Dr. Paul Wang.

All classes are a comprehensive mix of theory, demonstrations and hands-on practice. Open to practitioners of all levels of training and experience.

- Theory: Less memorization – More logical thinking
- Practice: Get clinical results immediately
- The Benefits of Gong Fa: Maintain Balance / Exert Positive Influence on Patients / Avoid Fatigue and "sick Qi" / Increase Treatment Efficiency

Provide a better quality of care at lower cost for patients.

Find out more, including how to book [HERE](#)

ACMAC members receive a 5% discount on the price of the 4-day ticket.

---

Last thought...

All BAcC members should have received an email (if you're not a member then check with your own regulatory body) regarding the upcoming changes to data processing coming into force on 25<sup>th</sup> May. This stuff is really important to get on top of so please make sure you are aware of the steps you need to take to make your

practice compliant.

The BAcC are sending out bi-weekly emails with actions for you to follow – [contact them](#) if you haven't received this correspondence.

For more information on General Data Protection Regulation (GDPR) please visit [HERE](#).

---

---

*Copyright © 2018 ACMAC, All rights reserved.*

Want to change how you receive these emails?  
You can update your preferences or unsubscribe from this list.

MailChimp